

Body Image Issues: Flexibility & Self-Esteem

Authored by
mohammed looti

January 5, 2026

RECOMMENDED CITATION

mohammed looti (2026). *Body Image Issues: Flexibility & Self-Esteem*. Psychepedia.
Retrieved from <https://psychepedia.arabpsychology.com/?p=29940>

Body Image Inflexibility

ARABPSYCHOLOGY.COM